

Worksheet 1:

Remember your childhood

Aims:

Participants have an opportunity to:

- analyze socialization activities applied by their parents which aimed at shaping men's gender roles;
- learning socialization mechanisms concerning gender roles in the family on the men's world culture;
- self-reflection on their own socialization experience concerning men's gender roles.

Initial knowledge:

Participants know the notion and contents of gender stereotypes.

Arrangement:

Semi-circle or round table

Duration:

From 20 to 35 minutes

Materials:

Test: How would your parents react if you ...?

Activity:

1. The leader asks participants to close their eyes and, in their imagination, go back to their childhood (nursery, first grade) in order to recall how they were dressed, what they did, what toys they had, how their parents behaved towards them, what they said to them. Volunteers may share their memories.
2. All male participants get a test "How would your parents react if you ..."

How would your parents react if you ...?

- ... asked them to buy you a doll?
- ... wanted to go to a fancy dress party dressed as a princess?
- ... cried and called your parents for help because another child took your toy?
- ... wanted to spend a lot of time helping in the kitchen?
- ... played hopscotch instead of ball?
- ... played with girls from the neighbourhood and not with other boys?
- ... *(leader can give other questions)*

3. Participants share their feelings and conclusions.

Worksheet 2:

What would your life be like if you were a girl?

Aims:

- analysis of influence of typical sex socialization experiences on the development of boys;
- determining the scope of biological and socio-cultural differences;
- considering the influence of sex stereotypes on the participants' life and development and realizing the possibilities to overcome them.

Arrangement:

Semi-circle or round table

Activity:

1. Boys sit comfortably, close their eyes and imagine "What would happen if they were born as a member of different sex? What games would they play? What toys would they have? What clothes would they wear? Who would they play with? Who would they sit with in the class? What sports would they play? What TV programmes would they watch? What books would they read? What would their everyday life at home be like? After a few minutes they open their eyes and write down what they thought about.
2. They close their eyes again and try to imagine what their future lives would be like as adults if they were girls then they make a note of what they thought about.
3. In pairs they share their ideas, then talk about them in turns and write more details which contribute new things.



4. Groups of several people of the same sex write down their ideas concerning "What limitations do my sex and social role resulting from it involve and what opportunities it gives compared to the opposite sex?"
5. Groups present and compare their work in terms of biological and social restrictions.
6. Participants think about problems resulting from the question "How would human existence of my life if society functioned without sex stereotypes?"